

# Mental Health and Social Inclusion through work: the experience of Brazil

National Coordination of Mental  
Health, Alcohol and other Drugs  
DAPES/SAS/Ministry of Health

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# Objectives

- ◎ To present the experience of Brazil's National Mental Health Policy, aiming psychosocial rehabilitation through social inclusion and work.
- ◎ Citizenship rights for people with mental disabilities: work, social participation and social inclusion.

# Health is democracy: Brazilian Unified Health System (SUS)

- To provide universal access, equitable and comprehensive, preventive and curative care, through decentralized management and social participation on all levels.
- Based on health as a citizen's right and state's duty, from the perspective of raising social and civil rights of people with mental disabilities and with needs arising from the use of alcohol and other drugs;

# Mental Health Reform in Brazil

Progressive replacement of hospitalizations in psychiatric hospitals to community-based services aiming access to mental health care, social inclusion and citizenship.

## Backwards

Psychiatric hospitals received most of public, with low quality and human rights violations

Social mobilization and legal framework to promote Mental Health Reform  
Federal Law 10.216/2001

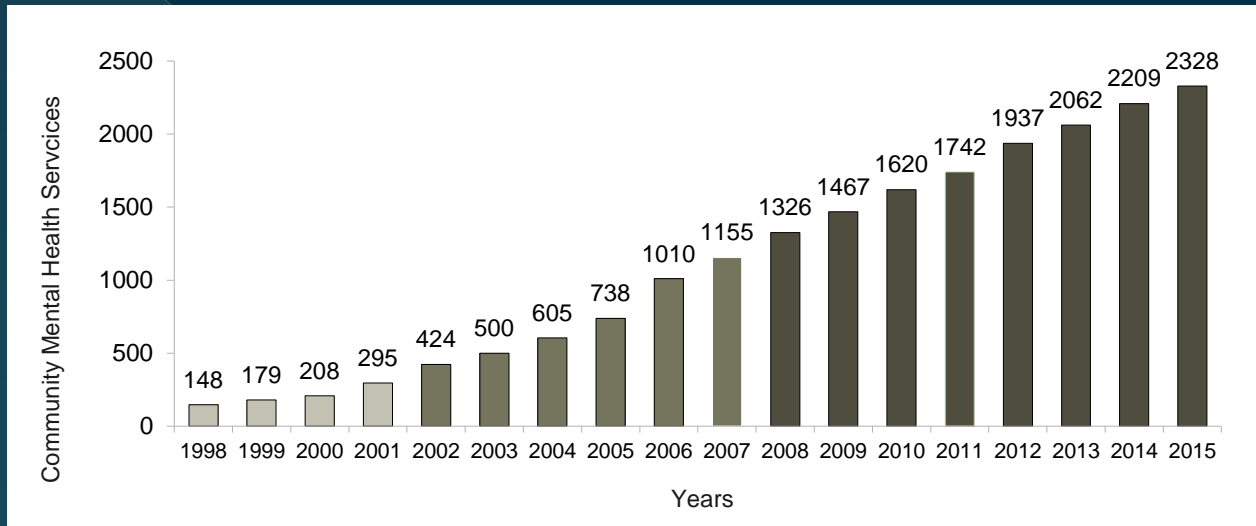
## Nowadays

58% reduction in psychiatric hospital beds and replacement for community-based services networks, increasing coverage of Psychosocial Care Centers

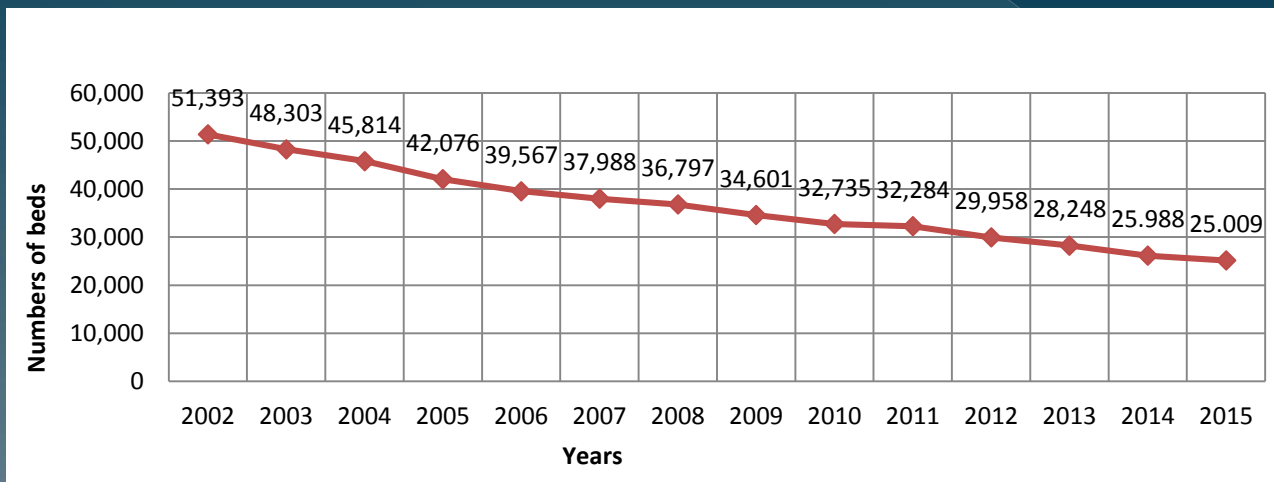
Psychosocial Care Network/ RAPS: strategic device regarding psychosocial care, expansion of social exchange, cooperation, citizenship.

# Mental Health Reform in Brazil

Historical series expansion of community mental health services / CAPS (Brazil 1998-2015)



Historical series reduction of SUS beds at psychiatric hospitals per year (Brazil 2002-2015)



# Psychosocial Care Network /RAPS: Components and services

[Ordinance 3088/2011](#)

## Primary Health Care

- Family Health Teams
- Support Team for Family Health
- Healthcare on the streets

## Strategic Psychosocial Care

- Psychosocial Care Centers/CAPS

## Emergency Care

- Mobile emergency care service (SAMU 192)
- Emergency Care Units (UPA -24 h), hospital emergency

## Transitory Residential Care

- Transitory Housing for people with needs arising from the use of alcohol and other drugs

## Hospital Care

- Mental health beds in general hospitals

## Deinstitutionalization Strategies

- Therapeutic Residences
- “Coming Back Home” Programme

## Psychosocial Rehabilitation Strategies

- Local initiatives for job and income generation
- Local initiatives to promote empowerment and advocacy for mental health users and families

# Psychosocial Rehabilitation and Social Inclusion

- Psychosocial Rehabilitation as a Component of Psychosocial Care Network/RAPS and as practices of community mental health services /CAPS;
- Promotion of empowerment and advocacy for mental health users and families;
- Development of initiatives to ensure access and the exercise of rights to work, housing, education and culture, to enable new projects to user's life and citizen;
- Overcoming of protected work by users validation as workers and citizens, discussion of labor relations;
- Production of social value, emancipation and expansion of social network.

# Mental Health and Economic Solidarity: identity and principles

- ◎ **Background:** mental health social movement, claiming right to access to work and income of people with mental suffering or with needs arising from the use of alcohol and other drugs.
- ◎ **Solidarity Economics' perspective:** Integrated policies and initiatives aiming income generation and work, organized and carried out by workers, from the perspective of cooperation, self-management, solidarity and economic viability.
- ◎ **Tasks:**
  - Systematic coordination of health and economic networks with local resources towards better living conditions and access to cooperated work and income generation;
  - Support local initiatives of income generation, social cooperatives and solidarity enterprises.
  - Intersectoral actions through productive inclusion, training and work qualification for people with mental disability and needs arising from the use of alcohol and other drugs;



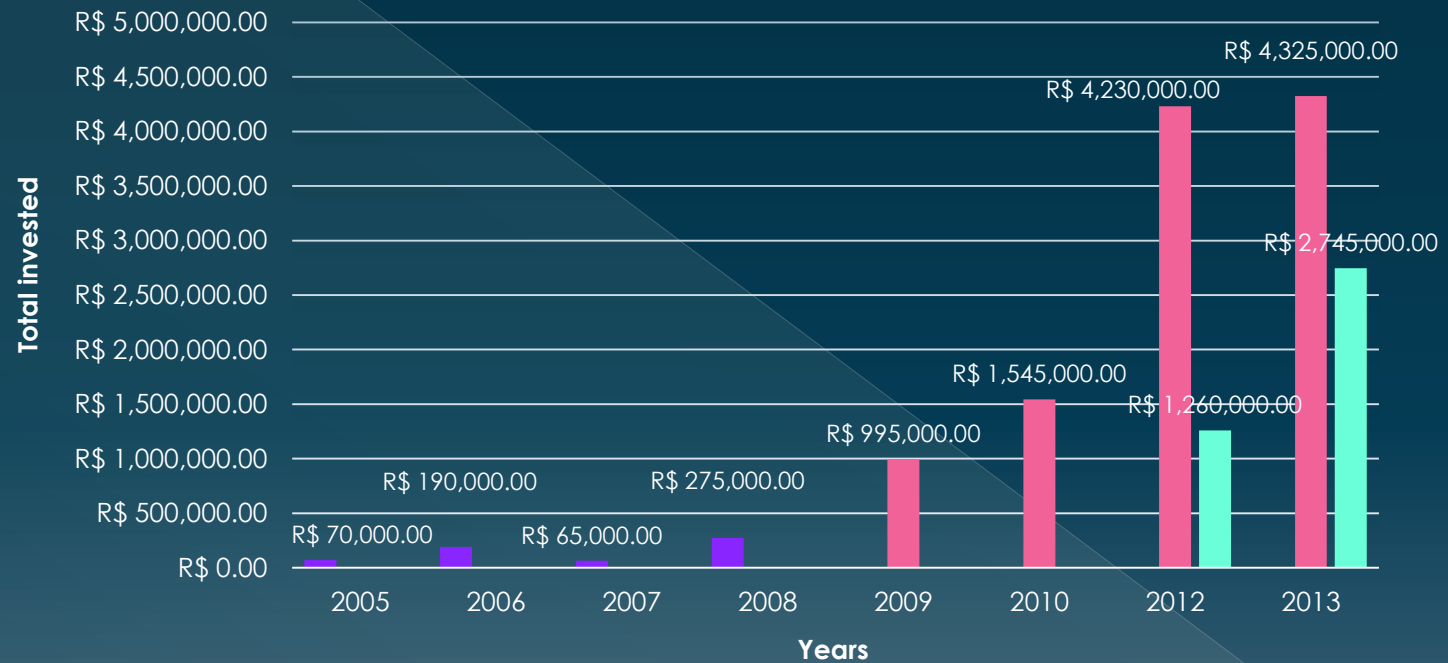
# Mental health and social inclusion through work landmarks

- Federal Laws:
  - [9.867/1999](#): Establishment and operation of Social Cooperatives;
  - [13.146/2015](#) - Establishing Brazilian Law of Inclusion of People with Disabilities (Person with Disabilities Statute).
- National Conferences:
  - [III National Mental Health Conference](#) (2001);
  - [II National Conference on Solidarity Economy](#) (2010);
  - [Thematic Social Cooperatives Conference](#) (2010);
  - [IV National Mental Health Conference – Intersectoral](#) (2010);
- Financial incentives:
  - Ordinances [1169/2005](#) and [132/2012](#): establishes financial incentive to municipalities and states to support work and income generation projects.
- Implementation:
  - Ordinance 353/2005: Interministerial Working Group on Mental Health and solidarity economy to create mechanisms of mental health and solidarity economy to enable income-generating experiences, financial support and training actions;
  - [Decree 8163/2013](#): Creates the National Support Program to Associations and Social Cooperatives – PRONACOOP Social, in order to plan, coordinate, implement and monitor actions to the development of social cooperatives and social solidarity economy enterprises.

# National Support Program to Associations and Social Cooperatives

- Establishment in December 2013 with equal representation of federal government and civil society.
- Objectives: to plan, coordinate, implement and monitor actions to the development of social cooperatives and social solidarity economy enterprises.
- Social cooperatives aims to promote social, labor and economic integration of people at disadvantage.
- Public:
  - people with disabilities and with needs arising from the use of alcohol and other drugs;
  - former prisoners;
  - people sentenced to alternative punishments;
  - adolescents in vulnerable situations in appropriate age to work.

# Achievements



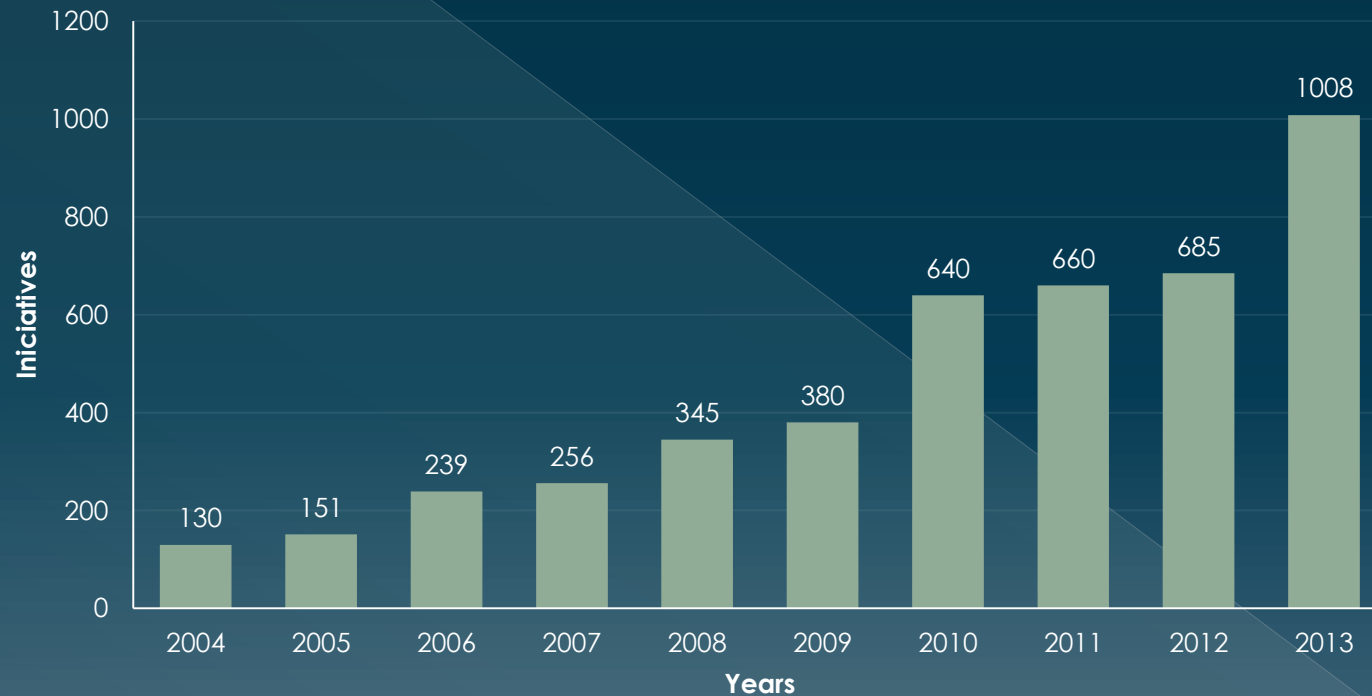
■ Psychosocial Rehabilitation initiatives

■ Psychosocial Rehabilitation Edicts: Work, Culture and Social inclusion at RAPS

■ Strengthening users and families from RAPS Edicts

# Achievements

Work and income generation initiatives for people with mental disabilities mapping per year (Brazil 2004-2013)



# Challenges and prospects

- Legal framework for mixed groups Social Cooperatives constitution;
- Access to credit for economic sustainability;
- Expansion of public policies to support and promote structuring, formalization and sustainability of cooperative work and existing enterprises;
- Intersectoral partnerships with human rights, labor, education, social protection network, culture, justice areas.
- To fund professional training and qualification activities through intersectoral partnerships with universities ([Brasilia Consensus 2013](#));
- To encourage the creation of cooperatives outside mental health institutions ([Brasilia Consensus 2013](#)).





Pictures in left and below:

[Ala Loucos pela X](#)

Autonomous cultural economic enterprise of São Paulo, operating at the intersection of Health, Labour and Culture areas. Its main actions are work and income generation, expanding living experiences in the city and the promotion of non-segregating interventions in culture. Credits: Pedro Gava



# Contacts

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